

# Who to Follow on Snapchat Now

Catch real-time peeks into these influencers' healthy lives. Motivation, found.

By JORDAN SMITH



**ALLYLOVE**

**@allylovelove**  
This influencer is a Jane-of-all-trades—Peloton instructor, model, and arena host of the Brooklyn Nets. Join her courtside, at shoots, and in the gym. You'll also discover her guilty pleasure: doughnuts!



**DEMILOVATO**

**@theddllovato**  
When the body-confident singer isn't killing it onstage, she can be found throwing punches at Unbreakable Performance Center in Los Angeles. Take that, Internet trolls!



**HANNAH BRONFMAN**

**@HannahBGood**  
Exercise fiend by day and DJ by night, the HBFIT founder is always on the go. See her daily workouts, recovery rituals, beauty tips, and healthy eats. Also cool viewing: her romance with fiancé Brendan Fallis.

**KATRINA SCOTT AND KARENA DAWN**  
**@KarenaKatrina**

The Tone It Up founders—whose exercise and nutrition plans inspire you to get fit with friends—share slices of their SoCal lives. Think: working out, hanging at the beach, and eating clean bites.

**DEVON WINDSOR**  
**@devwindsor**

Ever wonder how a Victoria's Secret Angel trains? Get a backstage pass to this leggy blonde's toning sets with her #goalsAF.



**MASSYARIAS**  
**@massyfit**

This star trainer's shape-up advice (doled out in English and Spanish) and overall positivity will have you looking and feeling great. Wash down strength sets with her "hulk juice" (parsley, lemon, kale, ginger, spinach, and turmeric).



**LINDSEY VONNSKI**

**@lindseyvonnski**  
See the world through the lens of this Olympic skier and follow along as she hits the slopes, crushes circuit training, and goofs around with her dogs Lucy, Leo, and Bear.

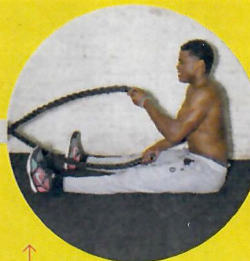


**Don't Forget the Guys**

Check out these men for dreamy abs, creative fuel, and proof that guys love Snapchat filters just as much as anyone.



**MIKE DONAVANIK**  
**@mikedfitness**  
This fit pro, who has worked with Katie Holmes, believes in balance; don't be shocked when you spot body-weight moves as well as In-N-Out Burger.



**JOE HOLDER** **@holder88**  
Celeb clients, healthy meals (#plantbasedgang), and a to-die-for pup named Ellie. Love!



**KEVIN HART**  
**@lilswag79**  
For a mix of workouts, rants, and comic relief, follow this funnyman. There's never a dull moment.